momentum health

Option Selection Form

2016

Important notes:

- You only need to complete this form if you want to change your current option and/or choice of provider. Please ensure that all the selections for your chosen option are completed. Incomplete information will cause a delay in the processing of your option change. If your employer pays your contributions, please submit this form, fully completed, to your HR or Payroll department. If you are an individual member, please fax this form, fully completed, to the Momentum Health membership department on **0860 77 55 66** or email it to **mhmembership@momentum.co.za**

- This form must reach Momentum Health by no later than 20 November 2015. The requested changes will be effective from 1 January 2016.

Member details

| Member number | | | | | | | | | | | E | Emp | loye | e nur | mbe | r | | | | | | | |
|---|--------------|----------|----------------------|---------|--------|--------|--------|------------------|-------|-------|---------|-------|-------|--------|-------|-------|---------|----------|-------|--------|-------------------|------|------------------|
| Title | Init | tial/s | | | | Surn | name | | | | | | | | | | | | | | | | |
| ID number | | | | | | | | | | | С | Cellp | ohon | e nur | mbe | er | | | | | | | |
| Email | | | | | | | | | | | | | | | | | | | | | | | |
| Ingwe Option | | Hospi | ital prov | vider | | | Ch | ronic | and | Day | -to-d | ay | prov | ider | | | | Ir | ncon | ne | | | |
| | | State | e hospita | als | | | Ing | we Pr | imar | ∙y Ca | re Ne | etwo | ork p | rovid | er | | | Ν | lore | thar | n R10 |) 40 | 1 |
| | | Ingw | e Netwo | ork | | | Ing | we Pr | imar | у Са | re Ne | etwo | ork p | rovid | er | | | F | 7 80 |)1 - F | 4 ٦٦٩ | 400' | • |
| | | Any I | hospital | | | | Ing | we Ac | tive | Prima | ary Ca | are | Netw | /ork p | orov | ider | | F | 5 80 |)1 - F | R7 80 | 00* | |
| | | | | | | | | | | | | | | | | | | F | 601 | - R5 | 5 800 | * | |
| Provider's practice number | | | | | | | | | | | | | | | | | | ≤ | R60 |)0* | | | |
| Provider's practice name | | | | | | | | | | | | | | | | | | | | | 10 401 Declara | | ase of Income |
| Access Option | | | ital prov s Netwo | | | | | onic a ess Pi | | | | | | der | | | | | | | | | |
| Provider's practice number | | | | | | | | | | | | | | | | | | | | | | | |
| Provider's practice name | | | | | | | | | | | | | | | | | | | | | | | |
| Custom Option | | Hospi | ital prov | vider | | | Chr | onic I | orov | ider | | | | | | | | | | | | | |
| | | Any I | hospital | | | | Any | / | | | | | S | tate | | | | | | | | | |
| | | Asso | ciated h | iospita | als | | Ass | sociat | ed G | P an | d Co | urie | er Ph | arma | cies | 3 | | | | | | | |
| Incentive Option | | Hospi | ital prov | vider | | | Chr | onic I | orov | ider | | | | | | | | Sa | ivin | gs: 1 | 0% | | |
| | | Any I | hospital | | | | Any | / | | | | | S | tate | | | | | | | | | |
| | | Asso | ciated h | iospita | als | | Ass | sociat | ed G | P an | d Co | urie | er Ph | arma | cies | 5 | | | | | | | |
| Extender Option | | Hospi | ital prov | vider | | | Chro | onic p | orov | ider | | | | | | | | Sa | ivin | gs: 2 | 25% | | |
| | | Any I | hospital | | | | Any | / | | | | | S | tate | | | | | | | | | |
| | | Asso | ciated h | ospita | als | | Ass | sociat | ed G | P an | d Co | urie | er Ph | arma | cies | 5 | | | | | | | |
| How would you like us to pay | your day-to- | -day cl | aims? | At t | the cl | aims | accu | mulat | ion r | ate | | | At u | o to 2 | 2009 | % of | the N | /lome | ntum | 1 Hea | alth F | Rate | |
| Summit Option | | Hospi | ital prov | vider . | Any | | Chro | onic a | and | Day- | to-da | y p | rovi | der F | ree | dom | -of-cl | hoice | | | | | |
| Declaration | | | | | | | | | | | | | | | | | | | | | | | |
| I confirm that I understand the be contribution according to the optic | | | | | selec | ted ar | nd agr | ee to b | e bo | und b | y the I | Rule | es ap | olicab | le th | ereto | . I agi | ree to j | bay t | he rel | evan | t | |
| Signature of Principal Member | | | | | | | | | | | | | | Da | ate | D | D | - M | Μ | - [| 2 | 0 | ΥΥ |
| Employer approval | to be comple | ted if y | our emp | loyer | pays | your | contri | butior | ıs) | | | | | | | | | | | | | | |
| Name | | | | | | | | | | | | | | | | | | | | | | | |

| Designation | | | | |
|-----------------------------------|---------------------------|----------------|--|--|
| Signature of authorised person | | Employer stamp | | |
| Date | D D - M M - 20 Y Y | | | |

momentum health

Declaration of Income

2016

| Membership number | | | | | | | | | | | |
|-------------------|--|--|--|--|--|--|--|--|--|--|--|
|-------------------|--|--|--|--|--|--|--|--|--|--|--|

This form is to be completed if you are a member of the Ingwe Option or wish to join the Ingwe Option.

In order to calculate the contribution payable, income will be determined as follows:

If you are the only person registered on your Momentum Health membership, and you are:

- · Gainfully employed your gross monthly salary as confirmed by your employer
- Self-employed your gross monthly income as confirmed by audited financial statements and/or bank statements
- Unemployed total amount you pay for monthly household expenses
- Pensioner the higher of your social pension or the total amount you pay for monthly household expenses.

If there are one or more adult dependants registered on your Momentum Health membership, each registered dependant's income must be determined individually as outlined above and the highest amount from amongst the registered beneficiaries shall be the income.

We will need proof of your income (see Section 1).

Please submit the completed form and supporting documents to us via email at mhmembership@momentum.co.za or fax to 0860 77 55 66.

Section 1: Proof of income

Principal member

Please provide us with the following documents as proof of income (please note that the documents are required for you, your spouse/partner and each adult dependant included on your membership):

- If employed, your latest payslip or IRP5 certificate. If you earn a variable income please provide us with your last 3 months' payslips.
- If self-employed, copies of the latest current audited financial statements of your company and the last 3 months' bank statements for you and your company
- If unemployed, your last 3 months' bank statements
- · If a pensioner, proof of annuity or pension income (a letter from SASSA will be accepted) and your last 3 month's bank statements.

Section 2: Employment status, income and household expenses

Please confirm the employment status, monthly income and amount paid towards household expenses for each registered beneficiary on your Momentum Health membership.

| Employment status | Employed | Unemployed | Self-employed | Pensioner |
|----------------------------------|---------------------------------|-----------------------|---|-----------|
| | | Unemployed | | ТСПОЮТСТ |
| Monthly income | R | | Monthly household expenses R | |
| Spouse or partner | | | | |
| Employment status | Employed | Unemployed | Self-employed | Pensioner |
| Monthly income | R | | Monthly household expenses R | |
| Adult dependant 1 | | | | |
| Employment status | Employed | Unemployed | Self-employed | Pensioner |
| Monthly income | R | | Monthly household expenses R | |
| Adult dependant 2 | | | | |
| Employment status | Employed | Unemployed | Self-employed | Pensioner |
| Monthly income | R | | Monthly household expenses R | |
| Adult dependant 3 | | | | |
| Employment status | Employed | Unemployed | Self-employed | Pensioner |
| Monthly income | R | | Monthly household expenses R | |
| If you have more than 3 adult of | dependants included on your mer | mbership, please corr | plete their details on a separate form. | |

Section 3: Declaration

I confirm that all the information supplied here is true and correct. I understand that should I make a false declaration, this may lead to termination of my Momentum Health membership.

Signature of principal member

Momentum Health 1-3 Canegate Road La Lucia Ridge 4019 PO Box 2338 Durban 4000 South Africa Client Service and Authorisation 0860 11 78 59 member@momentumhealth.co.za www.momentumhealth.co.za

Date

Registered in terms of the Medical Scheme Act No 131 of 1998

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